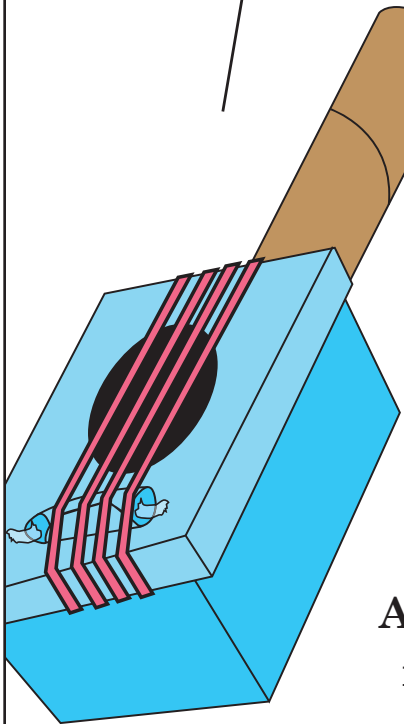
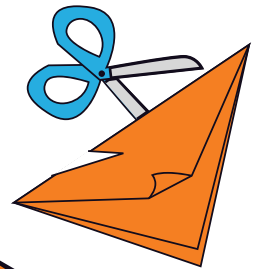


100
FREE
things to do
with your
grandkids



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Memories of a lifetime are made from the simplest pleasures, ones that don't necessarily include buying a \$50 amusement-park ticket or a \$200 video game.

Here at Grandparents.com, we brainstormed and came up with a list of 100 free things to do with your grandchildren of all ages. You might need some materials – like construction paper, paint, uncooked pasta, or an old shoe box. But, for the most part, these activities are free, or really low-cost, and are the little diversions in life that make the bond between you and your grandchildren even stronger.

Who We Are:

Grandparents.com is the place for today's generation of active, involved grandparents to find everything they need to get more smiles, have more fun, and create more memories out of the time they spend with their grandchildren. You'll find thousands of exciting kid-friendly places and activities, deals and discounts, and expert advice on relationships, personal finance, gift-buying, and more. Free membership, including a weekly newsletter, is available at www.grandparents.com.

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AN INVITATION:

In creating this work, Grandparents.com compiled a list of many wonderful things for you to do with your grandchildren. We're sure that you have some ideas of your own, and we would love to hear about them so we can share them with other grandparents. Please write us:

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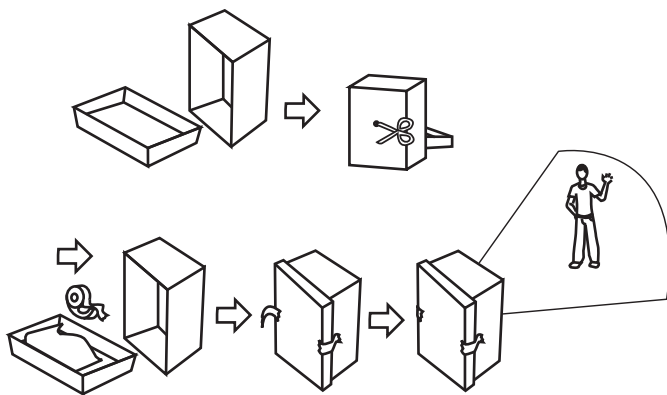


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#1 Shoebox Dollhouse

These can be simple or elaborate. The decoration is all up to you. First, decide how many rooms (one shoebox per room) you want the dollhouse to have. On the long side, cut squares for windows. Decorate the inside of the boxes with miniature figurines and furniture. Put the boxes in the order you want the rooms and glue together. Take two of the box tops and lean them against each other over the house. This creates a vaulted ceiling and an attic space above the rooms.

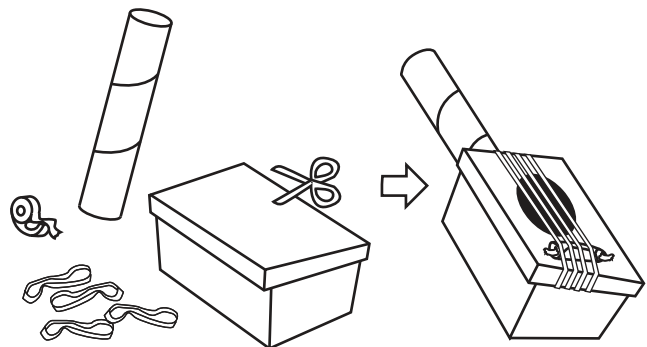
#2 Pinhole Camera



One of the coolest things your grandchild will ever make is a pinhole camera, and it's a great introduction to photography. You'll need a sturdy box that has a lid. The rest is a tad too long to explain in this space, but you can Google the phrase "pinhole camera" or go to Kodak's website (www.kodak.com) for complete instructions.

#3 Shoebox Guitar

An easier project than you might think. Take a shoebox and cut a hole in the center of the lid. Now cut a hole on one side of the box. In that hole, put a paper towel roll (minus the paper towels, of course) and tape it in place. This makes it look like the long end of a guitar. Take four or five rubber bands of various widths and lengths, and stretch them lengthwise over the lid, as shown.



CHITCHAT:

What are the different sounds the rubber bands make when plucked?

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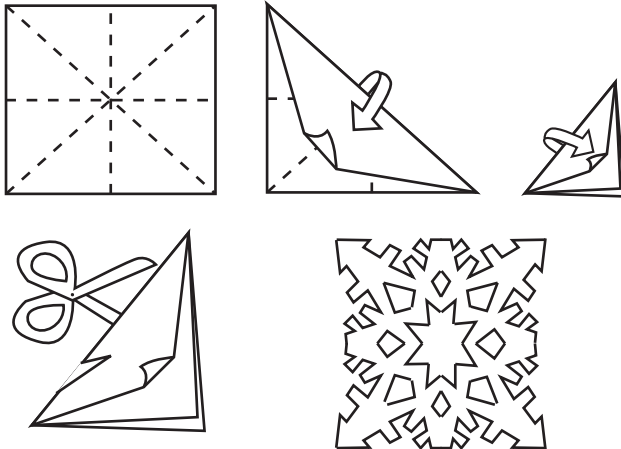
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#4 Write a Letter to an Elected Official

Children, these days, have a lot on their mind, no matter how old they are. Encourage your grandchildren to express their concerns about life, the environment, gas prices – or even just to say “great job” (if that’s how they feel) – by writing to the President, your local senator, or representative. You can find addresses for everybody from the President to state legislators at www.whitehouse.gov/contact/.

TIP: In many cases, even if it’s just a form letter, the President’s office writes back. Your grandchild will be thrilled with the reply.

#5 Paper Snowflakes



Fold a square piece of paper in half diagonally. Cut small sections out all over the paper and round off the corners of the paper. The bigger the cuts you make and the shapelier the cuts are, the more flair your snowflake will have. Fold the paper in half again, and take another few cuts out of it in a different spot. Fold the paper again, and carve another shape or two into the edges. Make a few final cuts, and unfold the paper to see the results. You should have a great snowflake. Mount it on the window (even during the summer – see #80 Opposite Day).

#6 Board Games

Take your pick. On a rainy day, or at the end of a long day, sit down and play a game of Monopoly, or Chutes and Ladders, or Sorry, or Life, or ... need we go on?

FUN FACT: In 1926, when ancient royal tombs were uncovered in what is now Iraq, boards were found with designs and pieces – believed to be the origin of board games.

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#7 Make a Mini-Proscenium

A proscenium is a fancy word for a theater space whose primary feature is an archway at or near the front of the stage, through which the audience views the play. You can make a small one scaled to the size of sock puppets (see #28) by using a computer box, carving it into an arch with a utility knife, and using a flashlight or small clamp lamp as the spotlight. And then, of course, it's time to put on your own puppet show.

#8 Race Upstairs

On your mark, get set, go! Hey, it's easy to have a race from Point A to Point B. Try doing it uphill. Children will quickly get the idea that running up a flight of stairs, preferably carpeted, is a little tougher and more time-consuming than walking down.

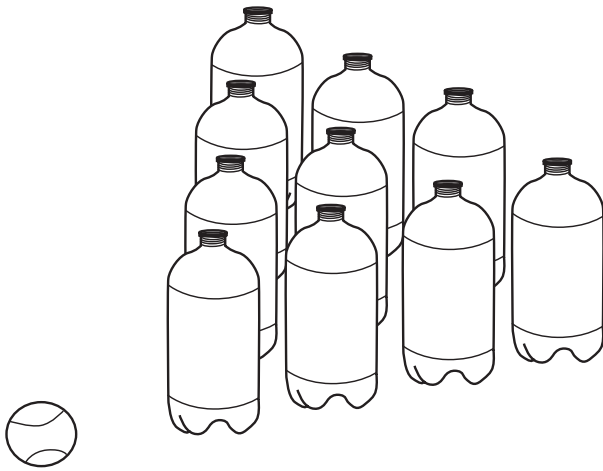
CHITCHAT:

How long did it take to get all the way up the stairs the first time?

The second time?

The fifth time?

#9 Bowling Alley With Bottles



Need: One round, heavy ball, such as a basketball or a soccer ball, and ten empty plastic bottles. Fill each bottle about one quarter-full with sand or water, making them just heavy enough to stand up but just light enough to be knocked down by the ball. Make sure you cap the bottles tightly. Find an area for your alley, such as a driveway or a flat, grassy area, or even a long, furniture-free hallway in the house. Set up the bottles in the traditional bowling pin grid: Place one pin up front, two behind that, three behind those, and four in the back.

FUN FACT: Dutch colonists brought bowling to the United States in the 17th century. It was regularly played in an area of New York City still known as Bowling Green.

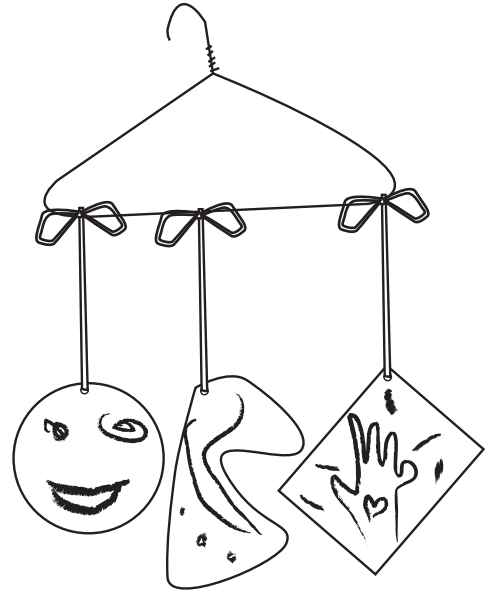
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#10 Make a Mobile

If you have wire hangers around, you've got the first ingredient for a mobile. Using photos, homemade pictures, or any other paper items, punch a hole in them and tie a string or piece of yarn in the hole. Tie the other end of the string on the wire hanger, spacing three across the bottom of the hanger. If you really want to get creative, hook two other wire hangers on the bottom corners of the first hanger for an even bigger, more inventive mobile.



#11 Organize Photos Into Albums

Not only is this a perfect way to save memories, but there's no wrong way to do it. You can create one for each member of the family, or put albums in chronological order, or even theme them by events (Thanksgiving, birthday, Halloween). Record dates, names, and places by each photo. Check out the back page of this guide to see how you can get 25 free prints from Grandparents.com.

TIP: Buy acid-free photo albums and storage boxes. They will preserve your photos longer. If you have digital photos, organize them on your Grandparents.com Picture Box.

#12 Create a Collage

Making a photo collage is a great way to honor an event. Many discount stores sell low-cost frames that feature multiple picture holders just for collages.

TIP: Personalize it! For example, if the photos are from a wedding, include the invitation, a napkin, and the wedding announcement from the local newspaper.

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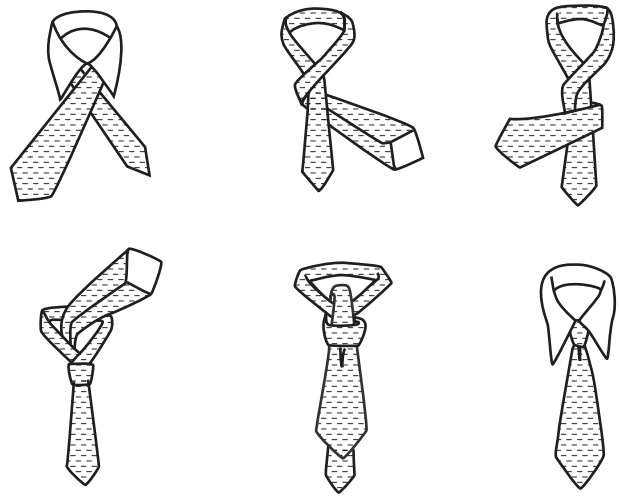
#13 Take a Firehouse Tour

Call your local firehouse and ask *nicely* if the crew conducts tours. The kindly firefighters most probably do. Bring a box of cookies as a gift.

TIP: Have your grandchild write or draw a thank-you note and send it to the squadron. The firefighters will appreciate it.

#14 How to Tie a Tie

It's a rite of passage handed down within families. And, let's face it, you're not ready to go out on the town unless your tie is tied properly. Perhaps the quickest and easiest is the four-in-hand knot. Place the tie around your neck. Make sure the wide end of the tie is about 12 inches below the narrow end. Cross the wide end over the top of the narrow end, then back underneath the narrow side. You should have just made a small loop. Now take the wide end and bring it back in front of the narrow end, pulling it up through the neck loop and the knot loop. Holding the knot in one hand and the tie in the other, gently pull to tighten.



FUN FACT: Oscar Wilde once said, "A well-tied tie is the first serious step in life."

#15 Play Along With a Game Show

Are you really smarter than a fifth-grader? Here's your chance to find out. Play along with a game show on TV and go head-to-head with your grandchild. *Jeopardy!* and the annual *Jeopardy! Teen Tournament* are musts. We've even played it in the Grandparents.com offices.

FUN FACT: The first game show broadcast on TV was Truth or Consequences in 1941.

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#16 Take a Hike

More and more, grandparents are joining their grandchildren in getting outdoors and staying fit. A hike is a good way to do just that as well as to spend time together. Check out www.americanhiking.org.

TIP: The American Hiking Society says to take the following on any hike: a map, compass, whistle, water, food, rain gear, and extra clothes.

Also pack a fire-starter and matches, first-aid kit, knife or multipurpose tool, flashlight and extra batteries, and sunscreen and sunglasses.

#17 Craft-Stick Box

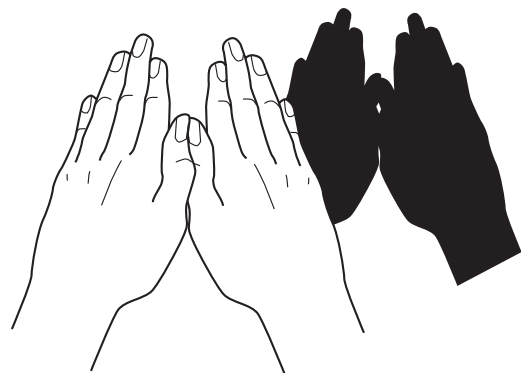
Every little trinket needs a place to go. Have your grandchildren make their own box out of craft sticks. You'll need about 60 sticks and nontoxic wood glue. Start with the base of the box by lining up 10 sticks, vertically. Glue one stick horizontally across the top, and another across the bottom. Glue a third one perpendicular to the first two, adhering it to their edges. Glue a fourth stick on the opposite side. Start building the walls by gluing on an additional horizontal stick on top of the ones you've already pasted, adding one to each side at a time, alternating until the walls of the box have been built to whatever depth you prefer.

TIP: The kids might want to paint each individual stick a different color, and it's easier to paint first and let the sticks dry before putting it all together.

#18 Shadow Puppets

Done correctly, these illusions of light are really quite brilliant. And there are a lot more figures than just dogs and birds.

Check out <http://video.about.com/familycrafts/how-to-make-shadow-puppets.htm>.



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#19 Cut Up Pillowcases for Costumes



Your natural reaction is probably not to ruin perfectly good pillowcases. But they happen to make great costumes, such as a superhero, ghost, domino, playing card, Greek goddess or warrior, and more.

TIP: Glue on felt pieces for the pattern instead of using markers. The costume will look cooler.

#20 Play Pretend Store

Setting up a room to resemble a supermarket and having your grandchildren “shop” for items is easy and a great way to teach them a variety of lessons – from shapes and colors and sizes, to various food groups and healthy food choices, to addition and subtraction and the value of money.

TIP: To make it even more fun, create “coupons” that allow the children two-for-one deals, or other discounts.

#21 Download an iPod Walking Tour

You’ve got your Nano and your earbuds, just like your grandchild. Now you both can listen to the same thing and learn at the same time. Google an audio walking tour in your area, and download it onto your iPod. You’ll learn about historic buildings, neighborhoods, or museums in your area that you never knew existed. Visit www.tourcaster.com for a great, inexpensive download.

CHITCHAT:

What walking tour did you take?

What did you see?

What did you learn from the walking tour?

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#22 Tongue Twisters

How much wood would a woodchuck chuck if a woodchuck could chuck wood? We have no idea. We're still trying to figure out why Peter Piper picked a peck of pickled peppers. Check out www.esl4kids.net/tongue.html.

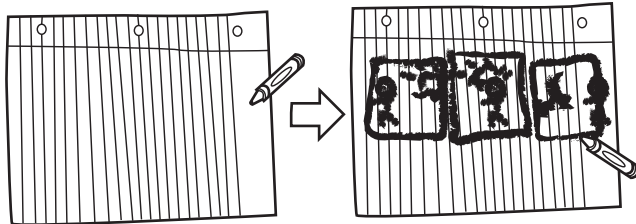
CHITCHAT:

How many tongue twisters can you memorize?

Which one was the easiest one to say?

Which one was the hardest?

#23 Make a Comic Book



Take a piece of paper and draw three equal boxes or panels. Talk with your grandchildren about creating a story, either about their lives, school, or the family pet. Explain to them that the premise of the three boxes is to help illustrate the story.

TIP: Particularly for younger children, introduce them to the comic section of the Sunday newspaper.

#24 Life-Size Me

Van Gogh, Rembrandt, da Vinci ... all the great artists drew a self-portrait at one point in their lives, so why not you and your grandchildren? Except, make it on a grand scale, pardon the pun. Using a large roll of paper spread out on the floor, have your grandchild lie down on it and then you trace around him using a black marker. Then switch, and have him trace you. Grab a mirror, gaze longingly, and fill in the features of your face with colored crayons or markers. Color in the clothing, and then hang the picture on the wall or the front door.

TIP: If you're out of brown shipping paper, pick up an inexpensive roll of newsprint at your local craft store.

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#25 Visit the Library

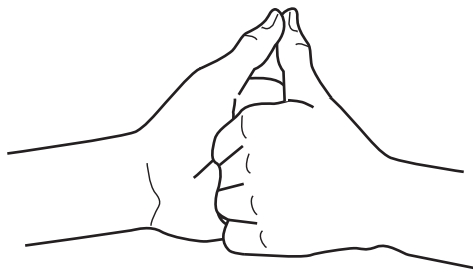
Children should know how to use and navigate their local library at an early age, from borrowing books and DVDs, to understanding the concept of what a loan means and how they must return the items. Many libraries have separate movies and storytelling programs for children, particularly on the weekends.

#26 Learn a New Card Game: Rummy 500

Rummy 500, also known as Pinochle Rummy or Michigan Rummy, uses a standard 52-card deck. It is played with anywhere from two to eight people (although some players opt to use two decks of cards when playing with more than four people). The object of the game is to score points by laying down and laying off cards as in regular rummy, in matched sets of three or four, and in sequences of three or more cards of the same suit. Aces are worth 15 points, 10s and face-cards are worth 10 points, other cards are worth five.

TIP: Like in regular Gin Rummy, you lose points when another player goes out. Make sure you don't get caught with too many big cards in your hand.

#27 Thumb Wrestling



You know the drill. Hook four fingers of one hand together with four fingers of an opponent's hand and clasp tightly. After a countdown, try to pin your opponent's thumb with your thumb.

TIP: Double-jointed in the thumb? You have a distinct advantage in the retreat mode.

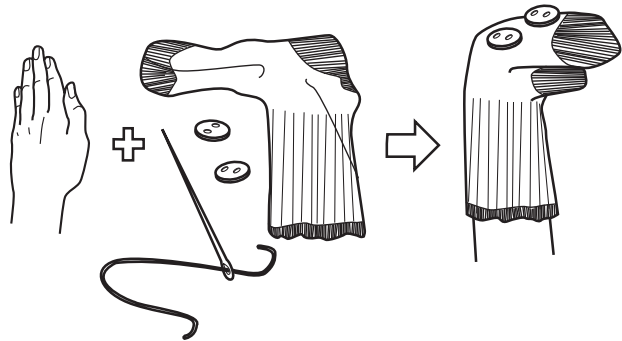
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#28 Make Sock Puppets

Lost a sock in the dryer? Great! Now you can use the other one to make a sock puppet. Any old thing around the house instantly becomes an item to be used for your sock puppet. Glue on old buttons for two eyes (they don't have to match), some yarn for hair, felt scraps for eyebrows, and you're ready for a puppet show (see #7).



FUN FACT: Some of the most famous sock puppets of all were on The Shari Lewis Show: Lamb Chop, Charlie Horse, and Hush Puppy.

#29 Papier-Mâché

Use strips of paper, usually newspaper, mixed with a wet paste, and place over a base to make papier-mâché projects. The paste is most often made with a simple mixture of one part flour to one to two parts water until it achieves a thick glue-like consistency. Add a couple of tablespoons of salt to help prevent mold. The base can be made of any material – wood, cardboard, clay, balloons, aluminum foil, anything to form shapes. The paper is dipped in the wet paste and placed over the object. When it dries, which can take a full day, you can paint it.

FUN FACT: Papier-mâché is French, loosely translated as “chewed paper.”

#30 Decoupage

Decoupage is the fancy term for taking paper cutouts (your pictures, pictures from magazines, or colorful wrapping paper) and sealing them to a surface. Wipe down and clean the surface you'll be using. Place the cutouts on the surface in whatever pattern suits your fancy, then remove them and set aside. Apply a small amount of glue on the surface and spread it out with a paint brush. Place the photos face up on the glue-covered surface and smooth them out with your hand and thumb, working from the center to the outer edges. Let the cutouts dry for a few hours, then apply a few coats of decoupage medium or clear varnish to the finished surface on top of the photos. Note that every time you apply a coat of varnish, you must allow the surface to dry before applying another coat. Add a final coat of acrylic sealant, such as Clear Coat.

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#31 Have a Staring Contest

No laughing, no poking, no nodding, no blinking ... just staring into the eyes of your opponent to see who flinches first.

CHITCHAT:

Whom did you have the staring contest against?

Who blinked first?

How long did it take?

#32 Make Your Own Puzzle

It won't be a jigsaw puzzle, but it's pretty cool nonetheless. Take 20 to 30 flat craft sticks and place them side by side. You can add two or three rows of 20 to 30 sticks each. Now take masking tape and completely cover one side of the sticks, using several pieces of tape. Now turn it all over so that the tape is on the bottom. Have the children paint or draw a picture on what is now your wooden canvas. When it dries, take the masking tape off, mix up all the sticks, and try to put it back together again so that you have your picture.

TIP: You can make and print out your own word-search puzzle by logging on to <http://www.armoredpenguin.com/wordsearch/>.

#33 Water Balloons

No need to explain this one.
Fill. Tie. Throw. Repeat.

TIP: Have a water balloon catch. Toss the balloon back and forth, and gradually increase the distance between you and your grandchild. See how far apart you can stand before it bursts.

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#34 Make Paper Bag Puppets

Make a plain brown lunch bag into any kind of puppet with a little imagination. Simply turn the bag upside down and, using markers, crayons, and glued-on items, create a character of your own.

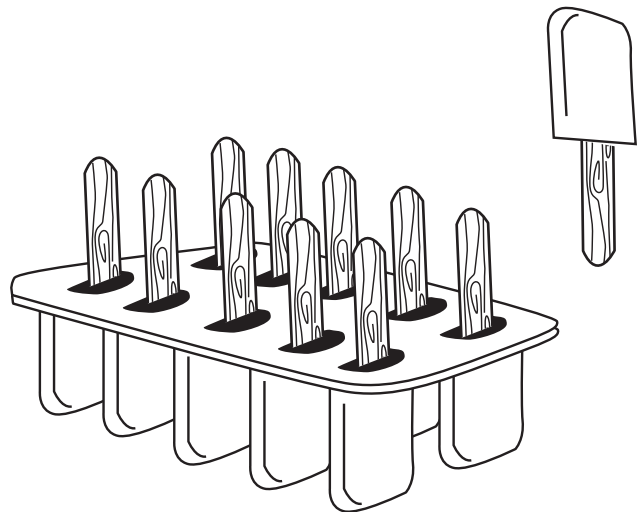
FUN FACT: In 1852, Frenchman Francis Wolle invented a paper bag-making machine that cranked out the little brown bags in mass quantities.

#35 Walk Dogs at a Shelter

Volunteerism comes from the heart, and it's never too early to teach your grandchildren about the importance of giving their time to the community. Many dog shelters welcome volunteers to help walk the dogs and clean the runs and cages. However, before you mention anything to your grandchildren, call your local shelter to see if they accept volunteers and whether there's an age minimum.

#36 Juice Pops

Is there a better summer treat than an ice pop? And you don't even have to go to the store or wait for the ice cream truck to enjoy one. Fill an ice-cube tray with your favorite fruit juice. Cover the tray with aluminum foil, and poke wooden pop sticks through the foil into each cube (the foil helps the sticks stay upright). Place the tray in the freezer. The next day, enjoy the treat.

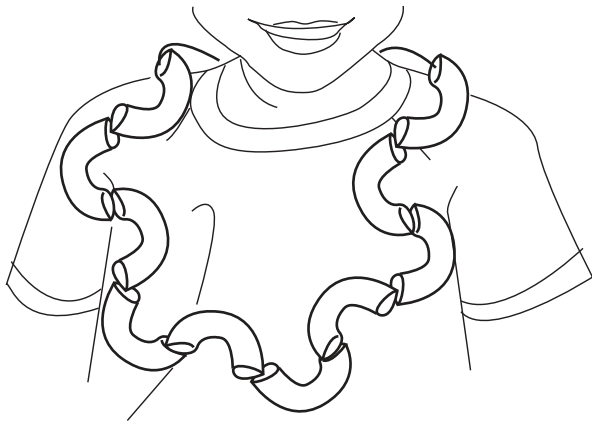


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#37 Pasta Necklace



Who among us hasn't worn a necklace made of macaroni? For this one, cut a piece of string or yarn 16 inches long for each child. Go to the pantry and pluck out a box of penne or elbow macaroni, as well as a box of pinwheel pasta. Over newspaper, have the children use nontoxic paint or markers to color the pasta pieces. When dry, put ten pieces of penne or macaroni onto the string, followed by one piece of pinwheel pasta – which serves as the pendant – and then ten more pieces of penne or macaroni. Tie the ends together in a double knot and you have your new fashion statement.

#38 Old Jewelry to New Jewelry

Okay, this isn't MacGyver, who can make a walkie-talkie out of a paper clip, a hanger, and a spoon. But you can use old jewelry parts – or some other items in the house – to make new jewelry. For example, if you have an old pin that's withered away, glue the old pin back to a fancy, colored button to create a new look.

TIP: Make liberal use of the internet here. Some people, with their own do-it-yourself websites, are amazingly crafty. To get some ideas, visit <http://familyfun.go.com/arts-and-crafts>.

#39 Dress Up

Years-old dresses, leisure suits, feather boas ... they might be ten sizes too big for your grandchildren but you can bet they'll want to strut around in them.

TIP: Everything old is new again. Those clothes you haven't worn since the 1960s? We bet your teen grandchildren will think they're hip and get some real use out of them.

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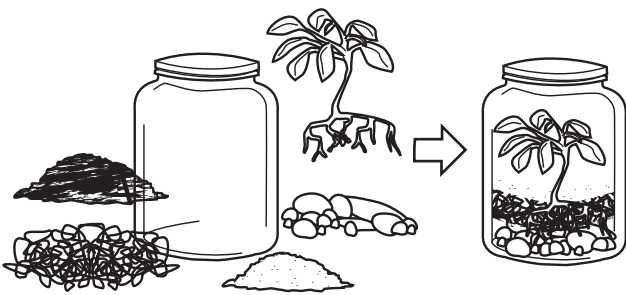


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#40 Shoebox Diorama

A diorama is a small model of a real-life scene that includes lifelike details and background. The great thing about this project is that the diorama can be anything your grandchild imagines. If it's a baseball diorama, stand the shoebox upright, paint the lower half of the backside green, the upper half blue, and glue on some cotton balls for clouds. Use paint to make small dots on either side of the shoe box to represent the fans in the stands, and place a figure in the middle as the pitcher.

#41 Terrarium



A terrarium is a sort of living landscape inside an enclosed plastic container or jug. To start, add a layer of pebbles or charcoal at the bottom of the container for drainage. Cover that with two inches of topsoil. Add a few rocks, some twigs or branches, moss, and small plants. Moisten the terrarium with water, but don't overdo it. Cover the opening with a sheet of plastic wrap.

TIP: You can add worms or bugs to your terrarium, but make sure that you cover the opening with a screen or stocking instead of the plastic wrap.

#42 Make Bubble Bath

What's better than having kids conduct a little experiment, and then getting to sample their creation? In a bottle – it can be anything from a decorative piece to an old shampoo bottle – pour clear, nontoxic liquid soap until the bottle is three-quarters filled. Have the kids pick their favorite color, and add that food coloring in a few drops at a time. Stir gently. For a scented bubble bath, have them add some oils, such as lavender.

TIP: Print out a label – Alex's Special Bubble Bath – and tell your grandchild it will be waiting for her the next time she comes to visit.

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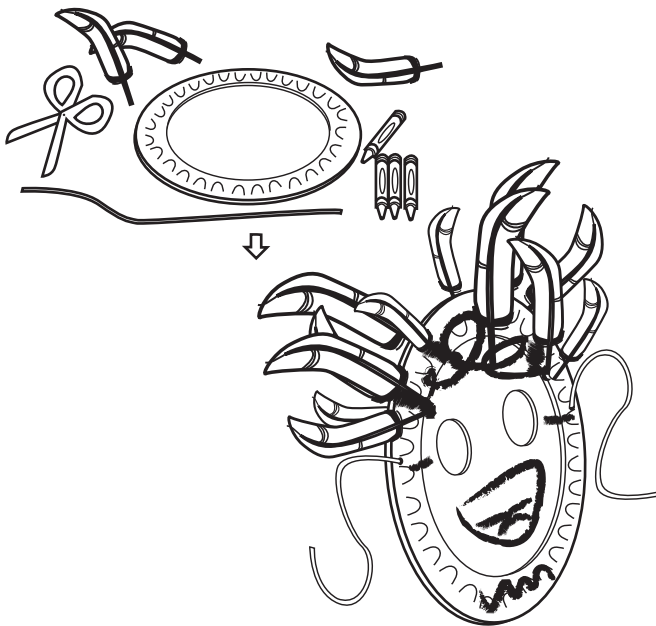
#43 Make a “Harmonica” Out of Glass

A crystal wine glass or champagne flute works best for this, empty, of course. Hold the glass as far down on the base of the stem as you can (do not hold it on the flat bottom). Dip the index finger of your other hand into a separate glass of water. Take that finger and lightly rub it along the rim of your empty wine glass. This should produce a humming sound. The more you practice, the more you’ll get a feel for how light or hard you should rub your finger on the glass to produce different sounds. You’ll be making beautiful music together in no time.

#44 Create a Family Newspaper

Call it the *Smith Daily News*, or the *Jones Times*. Most word-processing software comes with newsletter templates. You just provide the news, such as Joey’s accomplishments in a Little-League game, or Natalie’s A on a big science project, and let the kids write it up. On deadline!

#45 Make Masks



Using a white paper plate, make a funny face or a primitive mask with just a pair of scissors and some crayons. Cut holes where the eyes would go, two holes to breathe, and a mouth. If you’ve got some yarn around, add it on as hair or a beard. Put two small holes on either side of the paper plate, and thread some yarn through it to tie the mask to the child’s head.

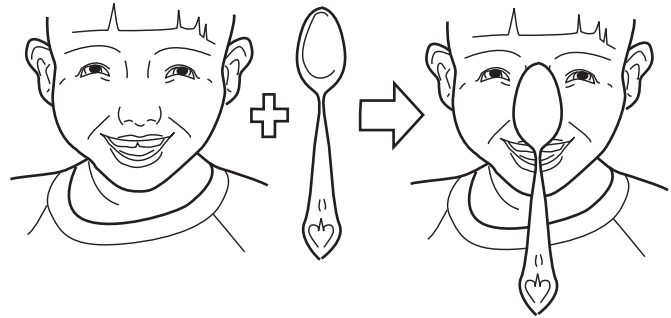
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#46 Spoon on the Nose Trick

Clearly, one of the all-time great party tricks. Any nose and spoon will do. Breathe heavily on the spoon, or lick it (ewww!). Place it on the edge of your nose. Sounds easier than it really is.



TIP: Don't slobber on the spoon. You want it to be moist, not dripping.

#47 Get a Green Thumb



What child doesn't like getting his hands dirty? Even if you start with the traditional seedling in dirt in a small paper cup, creating a garden of flowers or vegetables is a great way to teach your grandchildren about the environment.

#48 Palindromes

And you thought tongue twisters were tough? Challenge your grandchildren – and yourself – to come up with a bunch of palindromes. A palindrome is a word or phrase, like “mom,” that reads the same in either direction. Of course, mom is an easy one. Try coming up with a phrase such as, “Was it a rat I saw?”

FUN FACT: The word palindrome comes from the Greek words palin, meaning “back,” and dromos, meaning “way,” or “direction.”

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#49 Go Sledding

Remember the Flexible Flyer? Nowadays, kids' sleds have names like King Size Snow Racer and Snow Flyer Deluxe, among others. But the Flexible Flyer is still being made, and it's still the best darn sled out there, in our humble opinion, with the toboggan a close second. Don't have a sled? Try an unbreakable bowl (for a small child). Or, remove the handles and wheels from a wheelbarrow and use the tub. Or, use a trash can lid. In a pinch, you could always tape duct tape in vertical strips to the back and, er, backsides of your grandchildren's snowsuits.

TIP: Choose a hill that's spacious and away from anything dangerous like trees, utility poles, water, and roads.

#50 Take an Alphabet Walk

We all know that walking is good for your physical health. Why not make it a terrific activity for your grandchild's academic health? Have her practice the alphabet and identify with her surroundings at the same time. The Alphabet Walk can be played two ways. Pick a letter of the alphabet and try to find as many things on your walk that begin with that letter (bird, bush, bakery, etc.) Or, use the entire alphabet and try to find something during your walk that begins with every letter (apple, boy, car, dog, etc.)

#51 Make a Gourmet Meal

Grandchildren always want to help out. And so you've handed them the sponge to clean the coffee table in the living room, or the garden hose to help wash the car in the driveway. But don't make the kitchen an exception. Involve your grandchildren in the making of a meal, explaining each step as you go along. And we're not talking about making macaroni and cheese here, or chicken nuggets. Try making eggplant parmigiana with a homemade marinara sauce, or the highly complex beef bourguignon. You can find recipes on the internet at such sites as www.epicurious.com.

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#52 Make Place Mats

You can make place mats with one photo, or a series of photos. Let the children pick out the pictures. Place the pictures on a piece of colored construction paper, and settle on a design before using a glue stick on the back of the photos to hold them in place. Let the mats dry, then take them to any copy shop to have them inexpensively laminated. Voila! Personalized place mats.

TIP: Try to get doubles of the pictures you're using for the place mats so you don't end up eating on the only copy of your favorite picture.

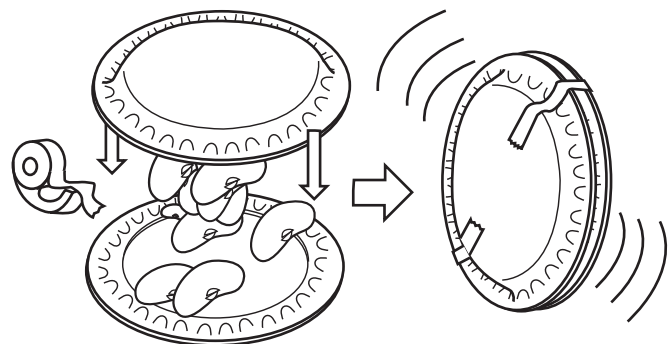
#53 Make a Coaster

Start with the lid of a margarine or yogurt container and your favorite photo. Cut out the photo to fit the top of the lid and glue it down. After the glue dries, seal your new coaster with a water-based sealer. Glue cork to the bottom of the lid to give the coaster a solid base.

TIP: Make a different one for every family member and present them at the next dinner.

#54 Make Noisemakers Out of Paper Plates

Take two paper plates and decorate them with streamers or anything else that's fairly light in weight. Put one paper plate on the table, right side up. Place the other plate on top, right side down. Begin taping or stapling the edges together, leaving a small opening on the top to fill with dried beans, uncooked rice, or popcorn kernels. Finish stapling or taping and make some noise!



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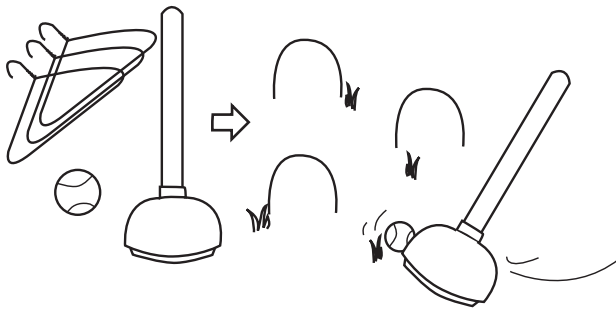


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#55 It's All About You

A fun game that gives both you and your grandchildren a chance to get to know each other even better. Take an index card and write down five things about yourself – four of which are true, one of which isn't. Each player has to guess which statement is NOT true.

#56 Play Croquet



TIP: Swing hard. Then swing harder.

What was once an Olympic sport is now mainly a backyard recreational activity. Rummage through the garage to see if you have the classic set, which includes the wooden mallet, the wooden balls, and the wickets that are embedded in the grass. If you don't have the equipment, you can always improvise. The wooden balls can be replaced by small rubber or plastic balls. The mallet can be a garden-variety plunger found in most bathrooms. Create the wickets by untwisting wire hangers and sticking them in the ground.

#57 Make Your Own Colored Clay

Why buy it when you can make it?

- 4 cups flour
- 2 cups salt
- 2 teaspoons food coloring
- 4 cups of hot water
- 4 tablespoons cooking oil
- 4 tablespoons cream of tartar

TIP: Store the clay, covered, in the refrigerator to prevent mold.

Mix flour, salt, and water (to which you've added the food coloring) in a large pan and heat over medium heat, adding the four tablespoons of cooking oil and cream of tartar. (The cream of tartar stops the clay from cracking.) Stir constantly until the clay feels like mashed potatoes. Take the pan off the stove and let the clay cool to the point where your grandchildren can knead it until it's smooth. Store in an airtight container.

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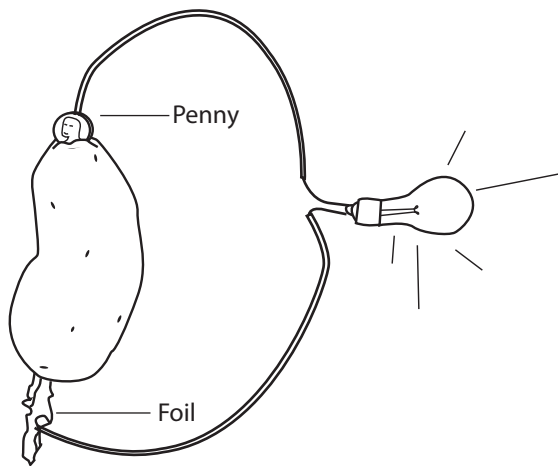


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#58 Make Water in the Desert

The chances you'll be stranded in the desert are remote, but this is nonetheless another classic experiment for children. Dig a large hole in the ground, at least three feet wide by three feet deep. Dig a small hole inside the large hole. In the small hole, place a container such as a coffee can or canteen. Place a large plastic sheet or plastic wrap over the large hole, using large rocks or other heavy objects to keep it tightly in place. Put a small- to medium-size rock in the center of the plastic sheet so that the middle of the sheet dips down right above the coffee can. But make sure the other heavy rocks keep the sheet tightly in place over the hole. The heat of the sun and the moistness of the ground under your sheet will make condensation that should drip right into the coffee can.

#59 Make a Battery Out of a Potato



Use sandpaper or steel wool to scuff a nail and a penny until they're shiny. Push the nail and the penny into opposite ends of a potato, wrapping the nail in tin foil. Attach two copper wires, one to the nail and one to the penny. Attach the other ends of the copper wires to the positive and negative signs of a typical battery-operated alarm clock or small lightbulb. You may have to rearrange the wires if nothing happens at first.

#60 Play Marco Polo

Marco!

Polo!

Marco!

Polo!

It's the game of Tag or Blind Man's Bluff played in a swimming pool. Don't forget: If you get caught leaving the pool by the person who's "It," you're the fish out of water and you're now "It."

FUN FACT: No one really knows why this game was named after the Venetian explorer, who introduced Asia to Europe.

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#61 Cook Using Only Found Items

Hey, they appear to do it on *Iron Chef*. And the secret ingredient is whatever you happen to have in the freezer or the pantry. Got a couple of boxes of macaroni, but no tomato sauce? Break out the basil leaves, the olive oil, salt, pepper, and pine nuts or walnuts, and make a pesto sauce. Got chopped meat but no buns for burgers? Can you say, meat loaf?

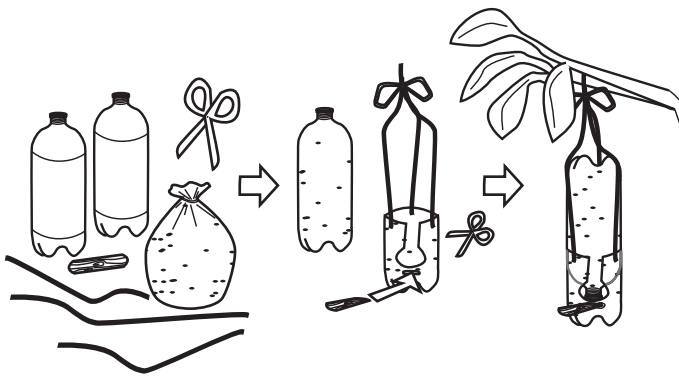
FUN FACT: The first oven to use microwave energy to heat food hit the market in 1947. It was five and a half feet tall, weighed 750 pounds, and cost more than \$2,000.

#62 Use Tools

Encourage your budding Bob the Builder by allowing him or her to help you on a project. We're not saying bust out the chainsaw, but a few turns of the screwdriver or a stroke of the paintbrush will certainly plant a seed of do-it-yourself satisfaction.

FUN FACT: In Kizhi, Russia, there are 18th-century churches built with wood – but without a single nail.

#63 Make a Bird Feeder



Wash and dry two empty two-liter soda bottles. Cut one of the bottles in half and throw the top half away. Use a knife to poke two or three holes in the bottom half. Now gently poke tinier holes right below those to use as your perches for the birds. Insert toothpicks in those tiny holes and glue them to the bottle. Fill the bottle with birdseed. If you want to hang your feeder, poke three holes in the top edge of the bottle and, using string threaded through each hole, tie together and hang from a branch. Fill the other bottle with more birdseed and place it upside down into the first bottle, allowing it to fill the base with seed as the birds munch.

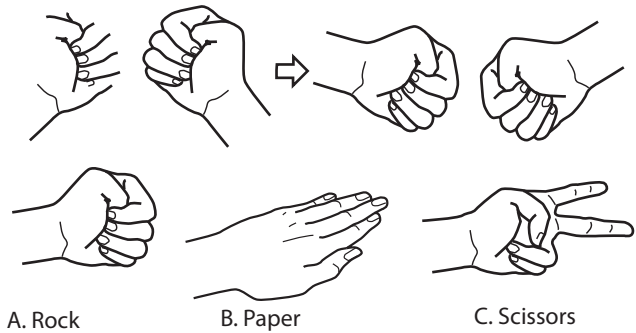
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#64 Rock Paper Scissors

The ultimate game of strategy and decision-making. Just remember, to immediately quash all disputes, here's how it goes: Rock beats scissors; scissors beats paper; paper beats rock.



FUN FACT: In 2006, Federal Judge Gregory Presnell from the Middle District of Florida ordered opposing sides in a lengthy court case to settle a trivial (but long-debated) point over the appropriate place for a deposition, using the game of Rock Paper Scissors.

#65 Simon Says

If there was ever a lesson in paying attention to instructions, this game is it. Have fun with the grandchildren as Simon Says to touch your toes, and as Simon Says to raise your right arm, and then to touch your nose. Aha! Gotcha!

FUN FACT: Simon Says started as a game in New York State's Catskill Mountains during its heyday as a resort area, designed to get older women up and exercising.

#66 Catch Fireflies

Is there a more iconic image of a summer night than a bunch of children racing around the backyard to catch fireflies? Also known as lightning bugs or glowworms, fireflies literally light up part of their body momentarily. If you can somehow snare one, put it in an old jelly jar with some grass or leaves, and puncture the top of the jar for air holes.

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#67 Play a Game of H-O-R-S-E

Head to the local basketball court and try this one. Your grandchild calls out a shot – “reverse layup!” – and if he makes it, you have to do the same. If not, you get an “H.” Whoever gets to H-O-R-S-E first loses. Remember, no dunking.

#68 Capture the Flag

Divide players into two teams in an agreed-upon area or territory. Each puts a flag at a chosen home base. The other team must try to capture the opponent’s flag without getting tagged and sent to jail for a period of time decided beforehand.

FUN FACT: Capture the Flag is making something of a comeback among adults, who play a more elaborate version on city streets using cell phones and other technology.

#69 Red-Light, Green-Light, 1-2-3

A classic children’s game. Have a group of children stand in a horizontal line about 30 feet away from the caller (you?), who acts as the stoplight. The stoplight faces away from the other kids. When the stoplight shouts, “Red-light, green-light, 1, 2, 3. Who do I think I’ll see?” the children start running toward him. When the stoplight turns around and faces the group, the children must freeze in place. If the stoplight sees someone moving, that person must go back to the start. This goes on until one child is able to tag the stoplight.

FUN FACT: The first traffic light was a manually operated gas lantern in London, circa 1868.

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#70 Create Your Own Quizzes

It's a great way to keep your grandchild sharp, especially during summer months, and not a bad way for you to refresh those multiplication tables. For competitive types, give points for each right answer (but don't forget to gear down for the little ones).

#71 Go Window Shopping

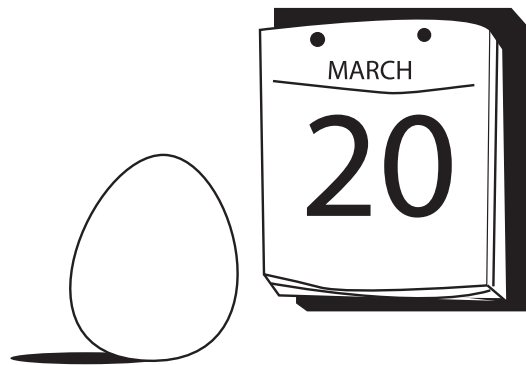
It doesn't hurt to look. And it doesn't cost anything, either.

TIP: Make a mental checklist whenever your grandchild really oohs and aahs over something. It could be a potential birthday present.

#72 Stand an Egg on Its End

We could get all scientific here and explain how this works. Twice a year – on the autumnal and vernal equinoxes – there is an equal amount of day and night on Earth. At those precise moments, the oblong-shaped egg can stand on one of its ends. With a little patience, of course.

FUN FACT: With a great deal of patience, and time on your hands, you can get an egg to stand on end at a time other than the equinox.

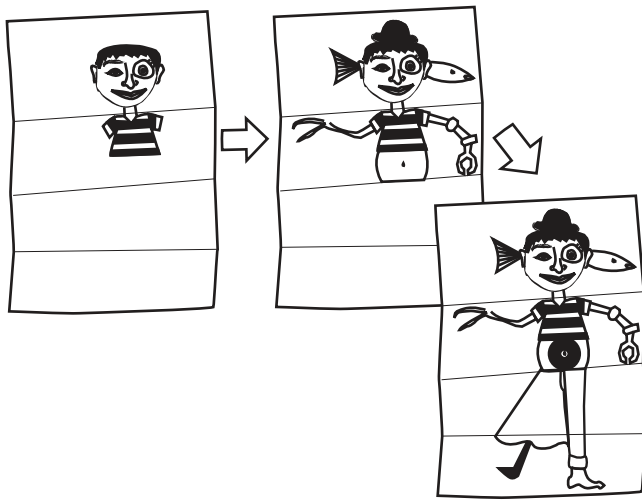


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#73 Exquisite Corpse



A rather graphic game played with paper and pencil. The title is a misnomer. There's no death involved, just some creative cartooning. Various players start by drawing images or words, folding the paper in a pleat to conceal their work before passing it on to the next person. Two vertical lines above a fold form a neck, so everyone knows where the head should be. The head could be a baseball cap. An arm could be a fish. A leg could be a math equation. And so on, until a surrealist image appears.

#74 Scavenger Hunt

A scavenger hunt is flexible, and you and the grandkids can do it indoors or outdoors. Especially for younger children, give several descriptions of the items they'll be seeking, such as an orange ball, or a pencil with no eraser, or a pillow with fringes. For older children, these can be as elaborate – and difficult – as you want to make them.

FUN FACT: The University of Chicago hosts an annual scavenger hunt that lasts four days.

#75 Create a Story That Keeps on Going

Have one person start out. "One day, I was walking down the street." Then the next person must add to the story. "And I saw a beautiful orange car." And then the next person says, "And a lovely lady was driving it." And the next adds, "She had a most remarkable lion, waving from the back seat." And so on, and so on, and so on. If you're a long-distance grandparent, you can do this by e-mail.

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#76 Bury Someone in the Sand

A time-honored beach tradition where somebody subjects himself to being completely covered in sand up to his or her neck. Fun!

TIP: Uh, don't let your grandchildren stray too far away if you're the one being buried. Once that sand becomes compacted around you, it could be difficult to wriggle free without help.

#77 Make and Bury a Time Capsule



TIP: Write a personal note to include in the capsule.

Using a large jar with a good, tight seal, make a time capsule by filling the jar with items that reflect this moment in time – a newspaper with events of the day; a television guide, to give people an idea of what was on; music CDs; personal photographs, and any other significant items. Bury the time capsule and write down the exact location. Put that piece of paper in the file with your will or in a safety deposit box.

#78 Make Your Own Stickers

First, have your grandchildren get creative and draw any kind of picture or design they want on paper. This can be plain white paper or construction paper, and remember that these are going to be stickers, so the drawing should be smaller than the entire piece of paper. Now carefully cut out the design. Then, turn the paper over and put double-sided tape on the back. To save the sticker, and make it easier to use again, stick it to wax paper for safekeeping.

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#79 Backward Day

.fun of lot a be can Day Backward, imagination your use you If. Just do everything backward. Write backward, talk backward. Wear your shirt with the back in the front. Eat a steak dinner for breakfast, and pancakes for dinner. Play a board game from the finish line to the start. Whatever you do, just turn it upside down.

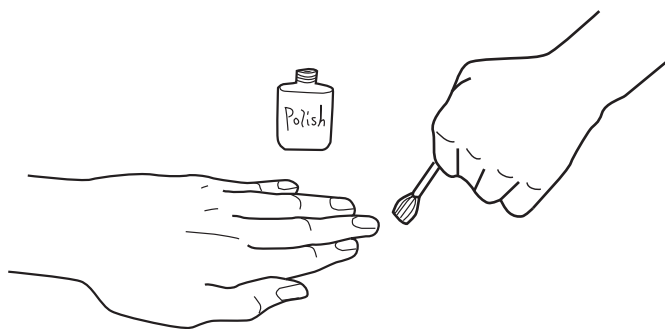
FUN FACT: There is a Backward Day and it's celebrated on January 31.

#80 Opposite Day

Grandma is Grandpa. Poppy is Nana. Night is day. Decorate with paper snowflakes in the summer (see #5). Your grandchildren are probably aware of this concept, as many schools have Opposite Day. And, yes, it can get quite confusing when statements are uttered that are the opposite of what they mean, especially when “yes” means “no,” and ... oh, you get the picture.

#81 Manicures/Pedicures

Forget the salon or the spa. You have it right in your own home. Break out the nail polish, the cotton balls, emery boards, and toe separators, and enjoy a little pampering with your grandchild.



CHITCHAT:

What color did you polish your fingernails?

What color did you polish your toenails?

You know, you can also make each nail a different color and layer polishes!

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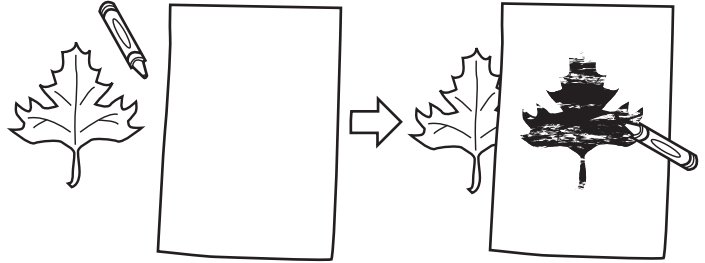


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#82 Leaf-Rubbing

On a piece of plain white paper, position a fresh leaf vein side up. Lay another sheet of paper over the top of the leaf. Peel a crayon and gently rub the crayon on its side over the top sheet of paper. The image of the leaf will appear.

TIP: When collecting leaves, put them in a plastic bag to keep them fresh.



#83 Make a Dandelion Necklace

Remove them from your lawn, and dandelions are actually quite pretty. So why not make one to put around your grandchild's neck? Pick dandelions with long, thick stems. Attach them by tying one stem in a knot high up near the flower of another dandelion, and so on until reaching the desired length.

TIP: Tell your grandchildren that their new necklaces are made of weeds and will wilt in a day or two, but remind them that they can always make a fresh one.

#84 Redesign Your 'Fridge

What's the most-used room in the house? The kitchen, of course. And what's the most-used appliance in the kitchen? The refrigerator, which is also where all your photos and trinkets end up. Let your grandchildren channel their inner Picasso. Break out the photos and the magnets, and let them design the front of the 'fridge.

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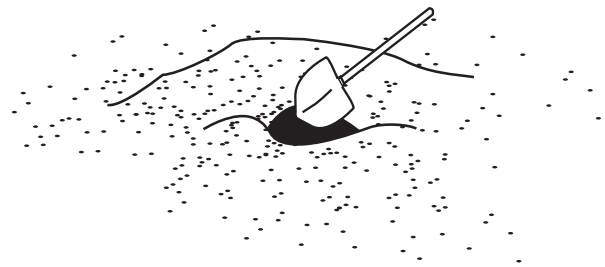
#85 Manhunt

This game has so many variations and rules that it could easily be mistaken for Tag. But, actually, it's Hide and Go Seek for the macho. The premise is pretty much the same. One person is the manhunter (or "It"); all the others are fugitives and they are to run away and hide. There should be a designated time limit and meeting place in case the fugitives aren't caught.

#86 Dig a Hole

Find shovels. Find a patch of grass or dirt. Dig.

Dig it?



#87 Take Photos

Children already have a great view of life. Now give them a different way of looking at things by introducing them to photography. Whether you have an old Polaroid or a new digital camera, teach them the basics – how to look through the viewfinder, how to keep their fingers away from the lens, what makes for interesting composition, and other tips to make them feel like real shutterbugs. If you use a film camera, call your local college or community center to see if it has a darkroom that's available to the public.

FUN FACT: The first photograph ever developed is generally acknowledged to have been taken in 1826 by Joseph Nicéphore Niépce of France.

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#88 Dizzy Broom (or Baseball Bat) Race

It's a simple race. But first ... hold a broom or bat in the air, looking at the top of it. Keeping your eye on the top, circle 10 times. Now (try to) run to the finish line. Hilarity should ensue.

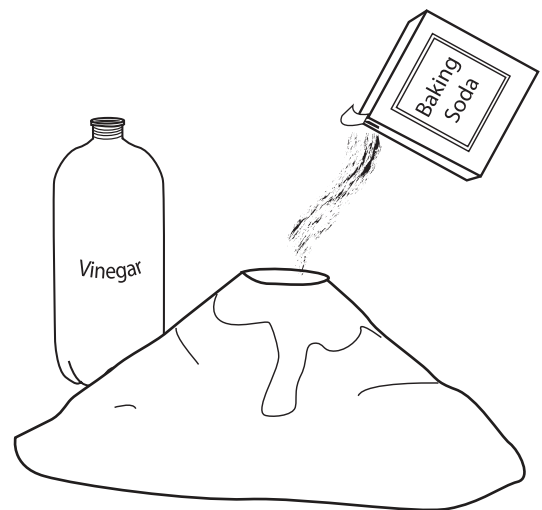
FUN FACT: This game is a staple at Minor-League Baseball parks across the country, where contestants compete for prizes.

#89 Mentos Soda Explosion

Visit www.youtube.com, search for Diet Coke and Mentos, and you'll see the internet phenomenon from a few years ago. This is best done outside. Take the cap off a brand new, two-liter bottle of Diet Coke. Drop a sleeve of Mentos candies into the bottle, step back, and wait for science to take over. The explosion of Diet Coke into the air is pretty cool, and not a bad way to explain how mixing certain things can sometimes have an unexpected effect. Hello, teaching moment.

#90 Vinegar Volcano

Chemistry is cool. This is a classic science experiment, and an easy one at that. To make the volcano, mix 6 cups flour, 2 cups salt, 4 tablespoons cooking oil, and 2 cups of water. The mixture should be smooth and firm. Stand a large soda bottle in a baking pan or shallow dish, and begin to shape the dough around it. Don't cover the hole and don't drop any of the dough into it. Fill the bottle about three-quarters full with warm water and a few drops of red food coloring. Add 6 drops of liquid detergent to the bottle, and 2 tablespoons of baking soda. Finally, slowly pour vinegar into the bottle and step back!

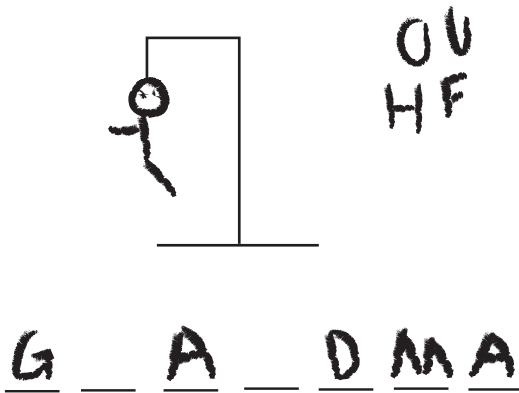


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#91 Play Hangman



One player thinks of a word or phrase and draws a dash for each letter in the word or phrase. The other tries to guess letters in the appropriate blanks. Each time a player misses a letter, a stick figure body part is drawn to a noose (in the shape of a “7”). When the head, two arms, torso, and two legs are drawn, the guesser has lost.

FUN FACT: It was this legendary children’s game that was the inspiration for TV impresario Merv Griffin to create the game show Wheel of Fortune.

#92 Dance Party

Who says you have to wait for a wedding reception to show off your best moves? Teach your grandchildren The Mashed Potato or The Twist. Then, let them teach you how to pop, lock, and drop it.

FUN FACT: Dancing burns an average of 317 calories per hour in a 155-pound person.

#93 Do a Puzzle

Clear some space on a table and enjoy the timeless tradition of piecing together a jigsaw puzzle. The difficulty level and length of time it takes to complete the puzzle should be appropriate to the age of the child.

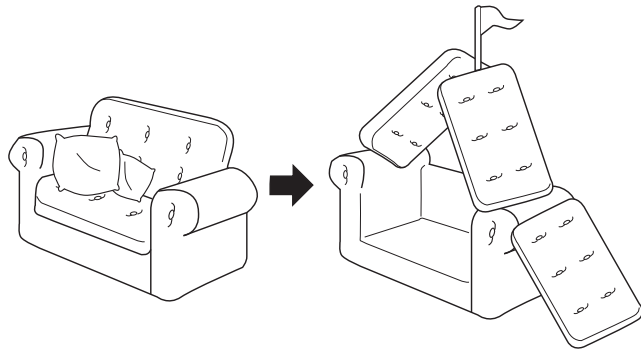
TIP: Children will gain a sense of patience and accomplishment. You can save the puzzle by sliding a thin piece of plastic underneath and then brushing two thin coats of clear coat puzzle glue on the puzzle. Allow two to four hours to dry.

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#94 Cushion Forts



Kids love a secret hiding place to call their very own. On a rainy day, use the cushions of your couch and chairs, old pillows, and a few blankets, and arrange them around the rest of the furniture to create a fort. Leave a space for the all-important tunnel!

TIP: Accessorize! Give the kids flashlights to play with, or let them eat a small (read: not messy) meal in their new fort.

#95 Cardboard Box Forts

Ah, the incredible multipurpose uses of cardboard. Wanna make a fort? Go vertical and stack boxes in a square (creating something of a courtyard). Or, open both ends, lay them down one after the other, and create a tunnel that snakes through the house. Or, go elaborate by getting a big refrigerator box, cutting it so that it opens on three sides, make a small door, and paint the outside to resemble a castle.

#96 Have a Sunday Sundae Party

You can do this on any day of the week, or whenever the mood – craving? – strikes you and your grandchildren. First, get an old tablecloth or sheet to cover your kitchen or dining room table. Next, break out all the fixin's. And we do mean ALL of them: bowls, spoons and napkins; at least four different flavors of ice cream; rainbow and chocolate sprinkles; chocolate chips and raisins; chocolate, caramel, strawberry, and butterscotch sauces; sliced bananas; whipped cream; and, of course, cherries. Create an assembly line that would have made Henry Ford proud.

TIP: Mix in some unusual toppings, such as mochi dough (a popular Japanese mix-in) or your favorite cold cereal.

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#97 Snow Dots

Bam! Splat! Snow dots are what's left on trees and other targets after firing off a snowball. And if your grandchild leaves a few of these, well, call the Yankees or the Cubs or the Dodgers and get the kid signed to a contract!

#98 Snow Balls

Chill out with these warm treats.

Ingredients:

1 cup softened butter
3/4 cup sugar
2 cups flour
8-ounce bag
Hershey's Kisses
Powdered sugar

Preheat the oven to 350 degrees F. Cream butter and sugar together until smooth. Add flour and blend. Wrap in plastic wrap; refrigerate for 30 minutes. Shape into 1-inch balls, then insert an unwrapped Hershey's Kiss in center of each ball (make sure it's completely covered by the dough). Bake on an ungreased cookie sheet for 10 minutes. Sprinkle powdered sugar on top while still warm. Yields at least 24 snow balls.

Recipe from www.northpole.com

#99 Snow Angels

Lie down in an undisturbed patch of snow and sweep all four limbs back and forth. Okay, that sounds too technical. We'll just say it's a neat thing to do and a time-honored winter tradition.

FUN FACT: The world record for the greatest number of snow angels made simultaneously in one place is 8,962, made February 17, 2007 on the grounds of the state Capitol in Bismarck, North Dakota.

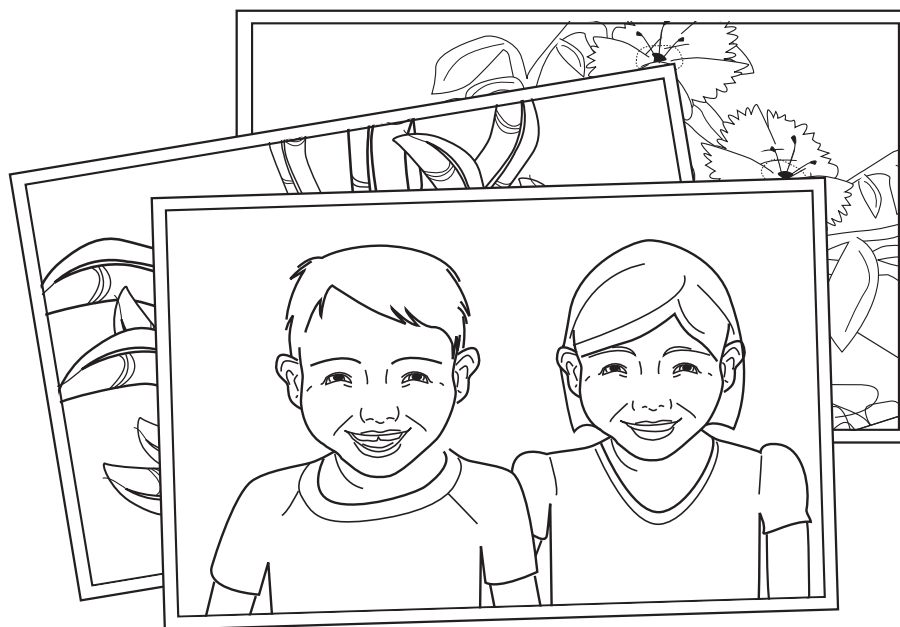
#100 Snow Writing

Poke a finger in the snow and let the creative juices flow by writing something. Just try to be a little more original than carving "Clean Me" on a car window. The grandkids will be having so much fun that they won't even realize that they're learning their letters.

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